



Detailed Updated Syllabus: Online Course (11-2-09 rev version)

***“The Truth and Meaning of Sexuality, Love and Family:
Cultural Implications”***

Module 1. Course Introduction

- a. Course description
- b. Course objectives
- c. Course requirements
- d. Instructor profiles
- e. Required readings
- f. Required assignments
- g. Table of contents
- h. Bibliography
- i. Instructor policies

Module 2. Challenges Studying Controversial Issues

- a. Introduction
- b. Controversial Issues
- c. Neutrality
- d. Balance
- e. Indoctrination
- f. Commitment

Module 3. History of Sex Education

- a. Introduction
- b. How Sex Ed Has Evolved Over the Last Century
- c. Early American Culture: Sexual Attitudes and Behavior
- d. Formal Sex Education: A Brief History
- e. Key Dates Related to Sex Education in America
- f. Visiting Sex Education Websites
- g. Philosophy Statement of Sex Education

Module 4. Current Events Assignment

Module 5. Framing the Problem

- a. Pre-Requisites
- b. Framing the Problem
- c. Teen Pregnancy as the Problem
- d. STDs in Teens
- e. Sexual Activity Rates of Teens
- f. Contraceptive Use & Failure
- g. Unwed Parenthood
- h. Conclusion

Module 6. Causes of the Problem

- a. Introduction
- b. Activity
- c. Philosophical Roots
- d. Kinsey Chart
- e. “Kinsey’s Pedophiles”
- f. Introduction to Pedagogy
- g. Values Clarification
- h. Cognitive Moral Development
- i. The Reflective Approach
- j. Moral Values Education in a Pluralistic Society
- k. Universal vs. Alternative Values
- l. MVE Effect on Adolescents
- m. Truth and Conscience
- n. Cultural Factors Influencing Sex Education
- o. Positives & Negatives

Module 7. Course of Action

- a. Introduction
- b. Ten Interesting “Theories” Proposed for Sex Education
- c. Contrasting Theories of Sex Education Program Design
- d. Program Design Summary of Theoretical Approaches to Sex Education
- e. Comparison of Sex Education Models

Module 8. Desired Outcome

- a. Desired Outcomes of Sex Education in America
- b. Teen Pregnancy Data
- c. The Case for Abstinence-Only Sex Education
- d. Activity: Sex Education Myths
- e. Parental Influence on Teen Sexual Behavior
- f. Factors Related to the Onset of Adolescent Sexual Activity
- g. Parental Influence on Teen Sexual Behavior

Module 9. Thinking Out Loud About Sex Education**Module 10. Comprehensive Exam Units 1-8****Module 11. Introduction to Theology of the Body****Module 12. SPICE (Development of Total Person: Spiritual, Physical, Intellectual, Creative, Emotional)**

- a. SPICE
- b. Learning Activity

Module 13. Theology of the Body**Module 14. Responses to Theology of the Body Questions**

- a. Reflections on Questions
- b. Summary
- c. Learning Activity – Chastity Questions
- d. Chastity Summary
- e. Required Course Assignment - SPICE/Theology of the Body

Module 15. Fertility Appreciation

- a. Fertility Appreciation
- b. Sex as Biology /Sex as Gift

Module 16. Procreative Anatomy and Physiology

- a. Introduction
- b. Reference Materials
- c. Activity
- d. Procreative Anatomy & Physiology
- e. Male Procreative Anatomy & Physiology
- f. Human Reproductive Hormones
- g. Female Reproductive Anatomy & Physiology
- h. The Ovarian Cycle
- i. The Uterine Cycle
- j. The Cervical Cycle
- k. Triad of Fertility: Ovum, Sperm & Cervical Mucus
- l. Conception
- m. Fetal Development Video
- n. Fetal Development

Module 17. Fertility Appreciation Exam

Module 18. Male /Female Complementarity

- a. Required Course Assignment: Male/Female SPICE
- b. Introduction
- c. “Who Is Man for Woman and Who Is Woman for Man” DVD – Fr. Loya
- d. Summary
- e. Required Course Assignment: Explain Male/Female Complementarity to a Teenager

Module 19. Course Assignment - Total Person Sexuality Paper

Module 20. Journal on Psychosexual Development

Module 21. Godly & Godless Expressions of Sexuality

- a. Introduction: Ungodly Expressions of Theology
- b. Theology: Deus Caritas Est
- c. Challenges Facing Chastity Educators
- d. Benjamin Wiker: On Tolerance
- e. Balancing Truth & Grace
- f. Lust
- g. Masturbation
- h. Pornography
- i. Fornication
- j. Adultery
- k. Homosexual Behavior
- l. Required Course Assignment – Homosexuality and Hope
- m. Contraception
- n. Technological Conception
- o. Other Ungodly Expressions of Sexuality
- p. Required Course Assignment – Ungodly Sexual Behaviors

Module 22. Natural Consequences of Misunderstanding / Misuse of Sexual Powers

- a. Natural Law Theory
- b. Natural Consequences of Lustful Behavior
- c. Pornography Consequences and Sexual Addiction
- d. Fornication and Cohabitation
- e. Multiple Sex Partners and Sexually Transmitted Infections and Diseases
- f. AIDS and Condoms
- g. Adultery and Weakening of Marriage
- h. Unwed Parenthood, the Abortion Decision and Post Abortion Syndrome (PAS)
- i. Contraception, Negative Side Effects and Unplanned Pregnancy

- j. Homosexual Behavior: Physical, Psychological and Emotional Sequelae
- k. Technological Conception, Surrogate Parenting, Sperm Donor Children
- l. Early Onset of Sexual Debut Consequences
- m. Spe Salvi: In Hope We Were Saved

Module 23. Psychosexual Development of Children & Importance of Family

- a. Reference Materials
- b. Introduction
- c. History of Psychology
- d. Psychosexual Development Issues
- e. Freud and Erikson Introduction
- f. Sigmund Freud's Theory: 3 Personality Components & 5 Stages of Development
- g. Erik Erikson's Theory: 8 Stages of Development
- h. Journey of Each Human Life
- i. Needs, Obstacles, Help (NOH)
- j. NOH Summary
- k. The Adolescent Experience
- l. Adolescent Brain Development
- m. Intellectual Development
- n. Learning Differences
- o. Emotional & Social Development
- p. Gender Identity
- q. Spiritual & Moral Development
- r. Sexual Awareness
- s. Required Course Assignment - Adolescent NOH

Module 24. Interstitial on Family

Module 25. The Family – Putting it in Perspective

- a. Introduction to the Family
- b. The Definition of the Family
- c. The History of the Family
- d. The Structure of the Family
- e. A Cultural Perspective of the Family
- f. The Relational Role of the Family
- g. Family Life Cycle
- h. Traits of a Healthy Family
- i. The Importance of the Father's Role in the Family
- j. Values Transference
- k. Learning Activity:
What You Learned from Family Regarding Sex, Marriage & Family
- l. Summary