



# Leading & Loving

## Core Components

### *Participants*

*Leading & Loving* is designed for parents of young children ages birth through fifth grade. The program can be presented to 160 parents at a time.

### *Purpose*

To assist parents of young children in the formation of faith, values, and virtues.

### *Program*

Six one-hour sessions that consist of a short DVD presentation along with parent activities and discussion. The program can be combined to create three two-hour sessions, two three-hour sessions, six one-hour sessions or a six hour seminar. Scheduling is based on host site preference.

### *Materials*

Include a parent activity workbook and other printed and downloadable resources for each couple to use for future reference and reflection.

### *Location*

Parish or school setting where parents can come together to learn and discuss how to introduce and foster this fundamental virtue in their own family.

### *Presenters*

*Leading & Loving* is presented by one man and one woman who are trained and certified Family Honor presenters. All Family Honor presenters have completed a college-level course on the Church's teachings of marriage, sexuality and family life, as well as participation in a teaching practicum. The expertise and guidance presenters bring is a hallmark of the unique dynamism of a Family Honor program.

## Practical Principles for Catholic Parents

Blessed John Paul II said that the family was the foremost school of virtue and that it is in and through the family that one learns how to be a gift to others. Through the family, children learn about the world around them; children learn right from wrong; children learn about morals and values; and children learn foundational lessons they will carry with them throughout their lives.

Parents are called to be the primary educators of their children. Family Honor's *Leading & Loving* program assists parents by providing opportunities to learn principles to help their children grow in goodness and virtue. In this program, parents will learn how to be good role models; help their children grow in the virtue of chastity; aid their children's understanding and appreciation of God's gift of sexuality; and guide parents in answering the challenging questions that children ask.

Family Honor's *Leading & Loving* program will work with parents to create an individual plan for purposeful parenting. By providing hope, practical tools, and key basic concepts, this program strives to empower parents to become knowledgeable, confident, and competent leaders of their families.

*Leading & Loving* will also assist parents in cultivating Catholic virtues and values through the activities and conversations of everyday family life. The six-module program presents the beautiful truths of human sexuality, family life and virtue cultivation through the lens of Blessed John Paul II's landmark teaching known as "Theology of the Body."

The *Leading & Loving* program modules include:

- *Sex—What does it Really Mean? How do I affirm this truth in my child?*
- *The Language of Love—How do I Speak it? How do I teach my child to be a loving person?*
- *The Birds & Bees—Teaching More than Facts: How do I answer my child's questions with a sense of awe and wonder for God's gift of sexuality?*
- *Formation in Virtue: Raising Good Kids: How do I help my child grow in virtue?*
- *Broken Heart—Dealing with Tough Issues: How do I respond to my child age-appropriately, with truth and mercy?*
- *Growing a Joyful, Faith-Filled Family: How do I cultivate a joyful family life?*

For more information about Family Honor or about bringing one of our programs to your area, you can visit our web site at [www.FamilyHonor.org](http://www.FamilyHonor.org) or call us at 803.929.0858.